

Professor Pekka Puska, M.D., M.Pol.Sc., Ph.D.

CURRICULUM VITAE: SUMMARY

PERSONAL

- Born: 18 December 1945, Vaasa Finland
- Place of residence: Helsinki
- Family: Wife (Arja), daughter (b. 1992), son (b. 1993)

EDUCATION AND ACADEMIC AFFILIATIONS

- Master of Political Sciences 1968 (University of Turku)
- Doctor of Medicine 1971 (University of Turku)
- PhD (dissertation, epidemiology/public health) 1974 (University of Kuopio)
- Docent, University of Helsinki 1983- (public health)
- Docent, University of Kuopio 1985- (public health)
- Visiting scholar, University of Stanford 1983

THE NORTH KARELIA PROJECT

- Principal investigator and Director 1972-1997

PROFESSIONAL BACKGROUND

- 1969 Research assistant, Department of Social Medicine, University of Turku
- 1972-1978 Principal Investigator of the North Karelia Project, University of Kuopio
- 1978-2001 Professor and director of Department of Epidemiology and Health Promotion, National Public Health Institute of Finland
- 1992-2000 Director, Division of Health and Chronic Diseases, National Public Health Institute of Finland
- 1995-2000 Deputy to Director General, National Public Health Institute of Finland
- 2000-2001 Director General, National Public Health Institute of Finland
- 2001-2003 Director, Department of Noncommunicable Disease Prevention and Health Promotion, World Health Organization, Geneva
- 2003- Director General, National Public Health Institute of Finland
- 2009- Director General, National Institute for Health and Welfare (THL)

POSITIONS HELD IN FINLAND

- President, National Union of Finnish Students (SYL) 1970
- Finnish National University Council: member, vice chairman and chairman 1978-1983
- Member of Board of Academy of Finland 1978-1983
- Member of Finnish National Parliament (and member of its health committee) 1987-1991
- Elector of President of the Republic 1988
- President, Finnish Centre for Health Education 1989-1995
- Chair, North Karelia Project Foundation 1985-
- Member, Board of ENSO-GUTZEIT LTD 1991-1994
- Member, City Council of Joensuu 1993-1997
- President, Finnish Health Association (Terveys ry.) 1999-2001
- President, Finnish Heart Association 2004-2009
- Chair, Finnish Heart Foundation 2004-2009
- Chair, Board of UKK Institute 2005-
- Chair, National Nutrition Council 2005-2011
- Chair, KTL Foundation 2006-
- Vice-Chair, Board of ALKO Oy (National Alcohol Monopoly company) 2007-
- Member of numerous governmental committees and working groups in the field of public health and research

INTERNATIONAL POSITIONS HELD

- Member, WHO permanent panel of experts on cardiovascular diseases 1978-2001
 - Director, WHO Collaborating Centre on Community Programmes for Chronic Disease Prevention and Health Promotion (KTL) 1985-1999
 - Chair, Management Committee of the CINDI programme of WHO/EURO 1994-2001
 - Member, Close the Gap Committee in Hungary (World Bank public health project) 1994-97; and Expert Consultative Group (World Bank public health project) 1997-99
 - Chair, scientific committee of the World Health Education conference, Helsinki 1991
 - Director, International QUIT AND WIN 1994-2006
 - Chair, Organizing committee of the European Conference on Tobacco or Health, Helsinki 1996
 - Chair, Steering Committee of the 2nd European and 1st Ibero American Conference on Tobacco or Health, Gran Canary, Spain 1999
 - Chair, International Steering Committee, 12th World Conference on Tobacco or Health, Helsinki 2003
 - Member, Governing Council of IARC 2004-, vice chair 2008-
 - Vice-President, Int. Ass. of National Public Health Institutes (IANPHI), 2006-
 - President, Int. Conf. on Prevention of Diabetes and its Complications 2008
 - President Elect (2007-8), President (2009-10) and Past President (2011-12), World Heart Federation (WHF)
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- Several advisory positions of international scientific conferences, scientific journals and research projects
 - Temporary advisor and short term consultant of WHO on numerous occasions
 - Numerous expert services with various international organizations and agencies (including European Union)

HONOURS

- Several honours in Finland (in the field of health promotion and science communication)
- WHO Annual Health Education Award 1990
- AMIE Award 1991, International Union for Health Education, European Office
- Academician, Russian Academy of Natural Sciences 1997
- Honorary Doctor of Science (D.Sc.), University of St. Andrews (Scotland) 1999
- WHO Tobacco Free World Award 1999
- Honorary Member of Hungarian Society of Hygiene 2000
- John P. McGovern Award 2003, American School Health Ass.
- Health Education Award 2003, The Healthtrac Foundation
- Recognition Award in Medicine 2004, Y. Jahnsson Foundation
- Nordic Public Health Award 2005
- Rank Prize 2008, Rank Foundation
- Honorary doctor, Turku University 2009

PUBLICATIONS ETC.

- Some 400 scientific publications (mainly in English) in the field of public health, epidemiology, disease prevention and health promotion
- 10 books in the field of public health (several of them for the great public)
- Numerous articles on public health
- Produced several health promotion TV-series
- Guided over 20 academic dissertations

GRANTS

- Numerous grants from Finland (Academy of Finland, foundations etc.) and from abroad (USDA, EU etc.)